

Depression Picture Story / Mental Health

Brainstorm words for each picture, then listen to the story and take dictation.



campus

colleague

unmotivated



therapy



Read about poverty then take dictation for two photos.

Everybody feels down sometimes, but life for a **depressed** person can become a **struggle**. They might not want to get up in the morning. Very little makes them happy. They might not have enough energy to exercise or enjoy life. Many people in the world experience depression this way. Depressed people feel especially lonely, or they feel, "My depression is my **fault**. I'm **worthless!**" These feelings only make the situation worse. A depressed person may recover by regularly meeting with a **counselor**, reading self-help books, or some other way.



obsessive

compulsive

