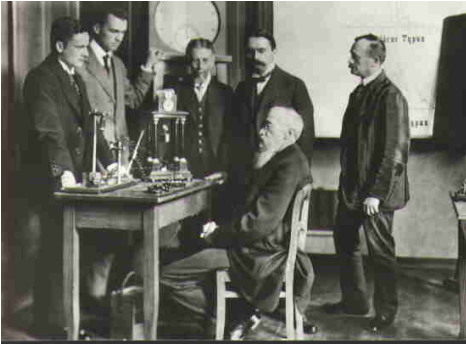


# 22 Psychology

Psychology is the study of the mind. Freud introduced many new psychological ideas such as the fact we have an **ego** and try to defend it in many ways such as **denial**. B.F. Skinner started a branch of psychology called "conditioning". He taught that we can improve our **behavior** by changing our environment. Humanistic psychology tries to understand the whole person. It studies issues such as personal growth, identity, death, **loneliness**, freedom, and meaning. William James is America's "father of psychology." He explained that it doesn't matter if an idea is true. More importantly, we should ask whether an idea is useful. Today, psychiatrists identify **symptoms** of depression such as tiredness, negativity, and an inability to concentrate. They then provide treatments including talk therapy, drugs, and more unique approaches. Positive psychology is a new branch that seeks to help all people, even people who are not suffering, become happier and more satisfied.

Check the above bold words, read the paragraph, then brainstorm more vocabulary below.



experiment

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dream

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prison

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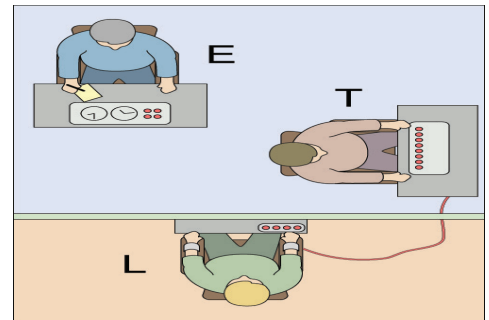
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electric shock

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Pavlov

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needs

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