

# 8 Home Economics

Home economics helps students solve everyday problems. The content of home economics is practical. It includes many areas such as **consumer** education, **nutrition**, food preservation, **hygiene**, managing money, and relationships. Home economics also teaches about the world of work to help young people consider a future **career**. Another aspect, sex education, teaches youth how to avoid unwanted **pregnancies**. Meanwhile, **drug awareness** provides information on the dangers of illegal drugs. In Japan, home economics includes social problems like the rising divorce rate, the declining birth rate, death from overwork, and the aging of society. Environmental problems have been caused by too much shopping and consuming. Home economics students become more adaptable so they can do well no matter where they live and no matter who they live with.

Check the above bold words and read the paragraph. Challenge words are in red.



housework

dust

vacuum

expenses

reduce

budget



addiction

addict

substance abuse

advertising

consumers

exaggerate



addiction

addict

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